Welcome to API 570 Training!! You're making a significant investment in your career. Here a few study suggestions.

#### 1. API'S APPLICATION

An API application can be downloaded from API's ICP website at <a href="www.api.org/icp">www.api.org/icp</a>. The application must be returned to API about 2 months prior to of the exam.

#### 2. THE "BODY OF KNOWLEDGE"

The *Body of Knowledge is* another document that can be downloaded from API's website. It details what is covered by the exam. It's rather lengthy and initially overwhelming. It's a big elephant! But don't fret, you will "eat this elephant one bite at a time!"

### 3. THE EXAMINATION

The exam always has a total of 150 multiple-choice questions. Each question has four possible answers and there is only one right answer. You will record your answers on a *"bubble-sheet"* using your #2 lead pencil.

The exam is divided into two 4-hour sessions. During the morning session, the *open-book* portion of the exam is given. It usually has about 45-55 questions. Most inspectors spend 3-4 hours completing this portion of the exam. The open-book questions generally focus on *calculations* and looking up detailed information from *Tables* or *Code Paragraphs*.

After lunch, the *closed-book* session is given and it usually has about 95-105 questions. Most inspectors spend 1-1/2 to 2 hours completing this portion of the exam.

We suggest you also download a *Training Aid* called *Test Taking Tips* from the MSTS website. This aid provides useful advice and has a list of items to bring to the exam.

FYI ... How are the API exams developed? Periodically a question writing session is conducted. *Subject Matter Experts (SME's)*, persons who are knowledgeable about piping, write questions from specific sections of the Code. Each question is then checked by three other *SME's*. This validation exercise checks two items; first, is the question written clearly, and second, does the question cover knowledge that is important to a piping inspector.

These questions then go into a question data-bank. Presently there are over 1000 questions in the data-bank and are grouped by topics. For each examination, 150 questions are randomly selected from the data-bank by topic.

*MSTS* 1 *June* 2007

#### 4. MATERIALS

The first step in preparing for the exam is to obtain the right codes. The API website has a list of the codes (and which editions) which are required for the exam. Make sure your codes have the correct revision date.

You can highlight and write in your codes. When making notes in your code, do it neatly! Slop is hard to read, especially during the exam when your pulse rate is about 180! *Do not add Tabs to your Code book.* On the first day of class, we will provide pre-printed tabs to all our students. If desired, you can additional tabs after class.

When first reviewing a code, don't immediately dive into the details. Get the bigger picture. First, understand what the code covers by reviewing the opening paragraphs of each code. (This is generally called the *Scope* or *Introduction*.) This step is often overlooked and the inspector fails to get the big picture, the purpose of this code.

After you review the *Scope* of a code, then look at the code's *Index*. This will familiarize you with the content and the unique organization of the document. Different committees write these codes, so there is significance variation in how each code is organized.

### 5. STUDY PRIORITY

You have only a limited amount of time to study, so you need to invest your time wisely. Invest it where you can get the *MAXIMUM* return! Approximately 60% of the test questions are directly from API 570. So that's your priority! For every hour spent studying the other publications, spend 2 hours studying API 570.

If you thoroughly understand API 570 and don't even look at the other publications you could pass the test. (I'm not recommending this approach!) But remember, almost 60% of this API exam is straight from API 570.

I cannot overstress the importance of using your study time wisely. There will be about 90 test questions directly from API 570. API 570 has about 30 pages to study, that averages to about 3.0 questions per page. The remaining 60 questions will come from the 750 pages contained in the other documents. That's only 1 question for every 12.5 pages. Spend your pre-class time mining in the rich veins of API 570.

To do well on the exam you must "Major on the Majors, and Minor on the Minors". For this exam, API 570 is the "Majors"!

### 6. STUDY SUGGESTIONS

So how do we "eat this elephant"? Start with API 570 and then spell "SUCCESS". If you use "SUCCESS" you will be SUCCESSful. I guarantee it! Here's what "SUCCESS" represents.

- **S SECTION** by section. Don't jump around in API 570. Start with Section 1 and thoroughly study it before moving on to the next section. A suggested study plan provided a few pages later has a proposed order for studying the sections of API 570.
- *U UNDERLINE* or highlight key ideas or words. Highlighting helps our memorization and also makes it easier for us to find key information as we review. (Note! Don't highlight every line or it loses its emphasis.)
- **C CHART** when possible. Draw your own charts or tables when it will help you summarize a lot of information. It is easier to memorize a "family of information" by using a chart vs. a series of flashcards.
- *C CLARIFY* issues. Always try to understand the reasoning behind the statements in the Code. If you understand the concepts then the information makes more sense. If you don't understand the issue, jot a question and make sure you get it answered in class.
- **E EXAMINATION** by others. Have others ask you questions, questions, and more questions. Questions should come from your highlighted key concepts. This step will be one of the most significant keys to your success.
- *S SEEK* assistance when stumped. Don't waste valuable time researching answers when confused. Get on the phone, get the quick answer, then push on! Remember time is limited.
- *S STAY* on track. Be methodical and organized in your study. Don't overdo some sections only to rush through the last sections.

*Other Good Ideas*: Many inspectors make *Flash Cards* of key ideas using 3" x 5" index cards. Another idea is to *Outline* sections in API 570. This tremendously helps you memorize the key facts.

MSTS 3 June 2007

**ASME PUBLICATIONS** - We will cover the ASME Codes very thoroughly in class. We suggest that you don't study these Codes prior to the class. Perhaps just look at the introduction sections so see what they cover.

**OTHER API PUBLICATIONS STUDYING INSTRUCTIONS** - Read and highlight the other API publications. Later review the underlined sections a couple of times. Once again have others ask you questions.

**Note!** Check API's Body of Knowledge. Not all paragraphs in API 571 are covered on the exam.

### 7. TIME COMMITMENT

Time is your limited resource. If you follow the above suggestions your learning efficiency will increase. Why spend 100 hours studying haphazardly when you could learn just as much or even more in 50 hours with a disciplined and organized approach. Attached is preparation plan with an organized approach for your study time. The plan is based on 6 weeks of preparation with a minimum of 6-8 study hours each week.

This plan will allow you to study at a scheduled pace. Your learning and satisfaction will significantly increase with this disciplined approach. *Do not wait and cram the week prior to the test.* You may be able to pass the test, but you will soon forget what little you learned. Preparing for a certification exams is a great opportunity to really increase your inspection knowledge and skills. Make the most of it.

MSTS 4 June 2007

WEEK 1				
	API 570 - Read, highlight and outline API 570 API 570 - Create API 570 flashcards		(7 hr) (1 hr)	
WEEK 2				
	API 574 - Read, highlight API 574 - Create API 574 flashcards Training Aid - The Inspector's Calcs (Part 1 & 2) API 570 - Review highlights & flashcards	Note! Posted on MSTS website	(4 hr) (1 hr) (2 hr) (1 hr)	
WEEK 3				
	API 578 - Complete Study Guide API 578 - Create API 578 flashcards Training Aid - The Inspector's Calcs Quiz API 570 - Reread API 570, study highlights Review all flashcards	Note! Posted on MSTS website  Note! Posted on MSTS website	(2 hr) (1 hr) (2 hr) (2 hr) (1 hr)	
WEEK 4				
	API 571 - Read and highlight API 571 (only appropriate API 571 - Create API 571 flashcards API 570 - Reread API 570, study highlights Review all flashcards	riate sections)	(2 hr) (1 hr) (2 hr) (1 hr)	
WEEK 5				
	API 577 - Read and highlight API 577 API 577 - Create API 577 flashcards API 570 - Reread API 570, study highlights API 578 - Redo Study Questions Review all flashcards	Note! Posted on MSTS website	(3 hr) (1 hr) (2 hr) (1 hr) (1 hr)	
WEEK 6 – Clas	ss Time			
(70+ hr	Come to class & study hard  ) Learn each required calculation			
	Learn how to find answers in the "big books" Highlight and tab key areas Ask questions, don't leave class confused about con	cepts		
AFTER CLASS				
_	Develop Study Plan (allocate time and content) Do the Plan - Refresh what you know, and clarify what you don't know			
	~			

### then... PASS the EXAM

If you get stumped please give me a call, page or E-mail. My goal is to help you to achieve your potential!

### **More Study Suggestions!**

**Study Methods** - There are many different techniques that are used when studying a technical document. Here are a few common study methods:

#	Method	Rating	Comments
1	Read and Reread Only	D-	For most of us, this is only a great way to catch up on sleep!
2	Read & Highlight Key Concepts. Reread Highlights.	С	Highlighting helps keep your mind somewhat focused on the task.
3	# 2 plus make Flash Cards. Have someone else test you with the Flash Cards.	B-	Repetition is the "mother of learning"
4	#3 plus make Charts when appropriate, i.e. when there is a "family" of information	В	Charts help "pigeon-hole" a group of information, making it much easier to remember the data.
5	#4 plus Outline the Code	A	Outlining requires your mind to thoroughly process the information.
6	#5 plus make an Tape or CD of the Outline	A+	

A common mistake is to consider all the codes as equivalent in importance, and then use the same study method (probably method 2) on each code. Which method should you use? *It depends on the code and specifically how many API exam questions come from that code*. For example; over 60% of the test is from API 570, so for that code you should utilize method #5 or #6. Either of these methods takes many hours, but you are investing your time in the most "fruitful" area.

On the other hand, since only 3-5 questions (about 2-3%) of the test is from of API 577, probably method #2 is adequate for that code. Just remember, spend most of your hours fishing where there are lots of fish.

**Outlining**: Outlining a code or a portion of a code is a great technique for learning the material. When outlining, you try to extract the "*key*" concepts from a code. To outline:

- 1) Read a page from the code
- 2) Highlight information that you want to outline.
- 3) Determine how best to display or summarize. Usually you don't want to just copy a sentence. Sometimes the outline may even include a chart.

Don't include "open-book" information in your outline, e.g. formulas. The outline is only to help you with the "closed-book" portion of the exam.

How does outlining help? When making an outline, you are making your brain work. The brain is determining what is "key information" and "how to best summarize the data". The more you work the brain, the more likely you will remember the information. In contrast, just reading a technical document, doesn't "work your brain" very much. So it usually is a much less effective way to study.

**Note!** Want a super way to remember the info? Take your outline and record it on a tape or CD. Then play your outline every time you are in the car alone. Those who have done this in the past have done very well on the closed book portion of the API exams.

**Charts**: Charting a "family" of information is a great way to get that information learned and memorized. Here is an example of a simple chart. This information comes from ASME Section IX and deals with the amount of RT required to qualify a Welder or Welding Operator (one who uses an automatic process)

One option is to make four Flash Cards, like:

Amount of RT to qualify a Welder with a Test Coupon?
 Amount of RT to qualify a Welding Operator with a Test Coupon?
 Amount of RT to qualify a Welder using the 1<sup>st</sup> Production Weld?
 Amount of RT to qualify a Welding Operator using the 1<sup>st</sup> Production Weld?
 *feet*

A better option is to make a chart of the same information. A chart allows you to "see" the information. It takes less brain energy to memorize the data in a chart than as four separate random facts. Here is a chart of the same data. To test yourself, make blank charts and practice "filling them in".

### Amount of RT required to Quality a Welder or Welding Operator

	Test Coupon	1 <sup>st</sup> Production Weld
Welder	6"	6"
Welding Operator	6"	3'